

1625 North Market Blvd., Suite S-200  
Sacramento, CA 95834  
(916) 574-7830, (916) 574-8625 Fax  
[www.bbs.ca.gov](http://www.bbs.ca.gov)

**To:** Board Members

**Date:** January 24, 2023

**From:** Rosanne Helms  
Legislative Manager

**Telephone:**

**Subject: Telehealth Committee Update**

The Telehealth Committee (Committee) held its most recent meeting on December 8, 2022. The purpose of the Committee is to determine if any of the Board's statutes and regulations related to the practice of telehealth by Board licensees, registrants, and trainees need to be updated or clarified.

During the last meeting the Committee members and stakeholders discussed the following, which are currently in progress:

- Online-only therapy platforms and alternative modes of therapy.
- Possible revisions to the Board's statutes that require physical display of a license or registration to account for telehealth practice.
- The creation of a telehealth best practice document.

Some proposed amendments that were previously developed by the Telehealth Committee are currently either running as a bill proposal or were recently signed into law. These include the following:

- Creating a temporary practice allowance in law for out-of-state licensees whose clients are visiting in California, or whose clients are transitioning to living here. (Currently running as legislation; AB 232 (Aguiar-Curry).)
- Amendments to permit supervision via videoconferencing in all settings (Signed into law in 2022 via AB1758 (Aguiar-Curry).)
- Amendments requiring applicants for licensure and current licensees to complete 3 hours of training or coursework in the provision of mental health services via telehealth, including law and ethics related to telehealth, as a one-time requirement (Signed into law in 2022 via AB 1759 (Aguiar-Curry).)
- Clarifications that certain pre-licensees may provide services with clients via telehealth (Signed into law in 2022 via AB 1759 (Aguiar-Curry).)

The next Telehealth Committee meeting will be held on March 16, 2023.